L-Lysine is an essential amino acid that's a physiological building block for the proteins in the body and it is found in large amounts in muscle tissue. The 9 essential amino acids the body cannot synthesize and must be supplied by the diet, including sport supplements.

Warnings: Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Keep out of reach of children! DON'T EXCEED THE RECOMMENDED DAILY DOSAGE!

Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

## NUTRITIÓN

## ESSENTIAL AMINO ACID



•	Nutrition Information	
	Serving size: 3 capsules	Servings Per Container: 30
	Amount per serving	
	L-Lysine HCI	2100 mg
	of which L-Lysine	1666 mg

Ingredients: L-Lysine HCI, Bovine Gelatin, Anti-Caking Agent (Magnesium Stearate), Colors (Titanium Dioxide, Black Iron Oxide, Brilliant Black BN).

**Directions:** Take 3x1 capsules (one serving) a day before training, sleep and/or meals on an empty stomach with water.

> P.O. Box 431975, Miami, FL 33243, USA Made in EU. www.ScitecNutrition.com Distributed by Scitec Kft., 1134 Budapest, Váci út 49., Hungary



## 90 CAPSULES - NET WT: 74.3 G

FOOD SUPPLEMENT