

SCITEC[®]
ESSENTIALS

5000 UNITS PER CAPSULE

LACTASE ENZYME

DIGESTIVE AID
FOR LACTOSE INTOLERANCE

100 CAPSULES - NET WT: 34.6 G

FOOD SUPPLEMENT

Lactase (β -Galactosidase) is a digestive enzyme that breaks down the lactose of milk and dairy products into harmless simple sugars, glucose and galactose. People lacking this enzyme are unable to utilize lactose fully that may lead to unpleasant symptoms. Lactase enzyme improves lactose digestion in individuals, who have difficulty digesting lactose.* LACTASE is an ideal supplement for those who wish to enjoy the benefits of whey, casein, caseinate or milk proteins, but suffer from lactose intolerance. Generally 2500 FCC units are required for the digestion of 10-13 grams of lactose. For very sensitive lactose intolerant consumers, who need a 100% conversion, 10 000 FCC units per meal dose are recommended. 2 of our capsules provide this quantity of enzyme!

*This statement has been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

Warnings: Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Keep out of reach of children. DON'T EXCEED THE RECOMMENDED DAILY DOSAGE! Tolerance to lactose is variable and individuals with lactose intolerance should seek advice as to the role of this substance in their diet.

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Nutrition Information

Serving size: 1 capsule

Servings per container: 100

Amount per serving

Lactase

5000 FCC* Units

*Food Chemicals Codex

Ingredients: Bulking Agent (Microcrystalline Cellulose), Bovine Gelatin, Microgranulated β -galactosidase (Tolerase™ L lactase), Color (Titanium Dioxide).

Directions: Take 1 capsule with each lactose containing meal including whey/casein/caseinate/milk protein drinks. (1 capsule is generally enough for the digestion of 20-26 grams of lactose. About 400 ml whole milk contains this quantity of lactose.)

Best before end: see on packaging. (MM/YYYY)

Batch number: see on packaging.

Formulated by and manufactured for

SCITEC NUTRITION[®]

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Made in EU.

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