

Taurine occurs naturally in foods of animal origin, but it is practically absent from foods of plant origin. Therefore Taurine levels can be lower in vegans than in a group on a standard mixed diet. It is clear that Taurine is a very important organic acid involved in a large number of metabolic processes in the body. Many people are aware that Taurine is regularly used as an ingredient in energy drinks.

**Warnings:** Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. KEEP OUT OF REACH OF CHILDREN! DON'T EXCEED THE DAILY RECOMMENDED DOSAGE! Not recommended for children or pregnant and nursing women or individuals with heart and vascular diseases.

**Allergen info:** Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

**Storage conditions:** Store in a cool, dry place. Heat and sunlight may damage the bottle!

**Best before end:** see on packaging. (MM/YYYY)

**Batch number:** see on packaging.

SCITEC<sup>®</sup>  
NUTRITION

CONDITIONALLY ESSENTIAL  
AMINO ACID

TAURINE

3000 MG PER SERVING

90 CAPSULES  
NET WT: 101.5 G

FOOD SUPPLEMENT

#### Nutrition Information

Serving Size: 3 capsules

Servings per container: 30

#### Amount per serving

Taurine

3000 mg

**Ingredients:** Taurine, Bovine Gelatin, Anti-Caking Agent (Magnesium Stearate), Colors (Titanium Dioxide, Black Iron Oxide, Brilliant Black BN).

**Directions:** On training days take 1 capsule before and after training on an empty stomach, and one between two meals. On non-training days take 3x1 capsules between meals spread out.

Formulated by and manufactured for

SCITEC NUTRITION<sup>®</sup>

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Made in EU.

[www.ScitecNutrition.com](http://www.ScitecNutrition.com)

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